



**Garris  
Chapel  
Church**

**Men's Fellowship  
Run / Walk  
For Christ**

823 Piney Grove Rd  
La Grange, N.C. 28551

**Everyone can be a  
sponsor!**

You may make a donation  
in honor or in memory of  
someone.

Or may make a donation  
as an anonymous donor.

Every partner, no matter  
what level, is greatly  
appreciated.

We pray that God will  
bless you.



**Garris  
Chapel  
Church**



**Men's Fellowship**

**Second Annual  
Run / Walk  
For Christ**

5K Run / Walk

1 Mile Fun Run

Prize for each event

Prizes for each age group

**October 9, 2010**

**Garris Chapel  
United Methodist Church**

823 Piney Grove Road  
La Grange, N.C. 28551

Phone 252-566-4355



**Garris Chapel  
Church**

**Men's Fellowship**

**RUN FOR CHRIST**



*Searching Inward*

*Looking Upward*

*Reaching Outward*

**For More  
Information**

**Contact:**

Rev. Jerry Mitchell

**Phone:**

252-566-4355

**Or go to**

**[www.garrischapel.com](http://www.garrischapel.com)**

# *Garris Chapel Run / Walk For Christ*

**Location:**  
Garris Chapel UMC  
Family Life Center

**Date:**  
October 9, 2010

**Time:**  
8:00 A.M.

**Entry Fees:** 5K Run and Fitness Walk,  
\$20 if post marked by Oct. 2 After  
Oct. 2 and race day, 5K, \$25.

Fun Run, \$15. If post marked by Oct  
2. After Oct. 2, Fun Run, \$20.

**T-shirts:** The first 200 entrants will  
receive a T-shirt

**Timing and Scoring** - by East Carolina  
Road Racing. Results will be posted  
online at [www.eccrun.org](http://www.eccrun.org)

**5K Awards:** Given to top 3 overall and  
top 3 places in each age group: 15 and  
under, 16-19, 20-29, 30-39, 40-49,  
50-59, 60 and over.

**1M Fun Run/Walk Awards:** For the  
top 3 men and women.

## Sponsorship Information

**Mark Partner** \$ \_\_\_\_\_  
You choose the  
amount of your  
donation

**Silas Partner** \$100  
Name on Banner

**Barnabus Partner** \$200  
Name on T-Shirt—  
Small Print  
Name on Banner

**Paul Partner** \$400  
Name on T-Shirt—  
Larger Print  
Name on Banner

### Print Name Of Sponsor Here

**Please make checks payable to:**  
**Garris Chapel UMC Men**

### Mail to:

**Garris Chapel UMC**  
**823 Piney Grove Road,**  
**La Grange, N.C. 28551**

## Registration Information

### Registration

- 5K Run / Walk \$20  
 1 Mile Fun Run \$15

### Runner Information

#### T-Shirt size: Circle:

Adult: Sm, Med, Lg, XL, XXL

Children: Med, Lg

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Gender Male /Female                      Age

#### Disclaimer:

I understand that racing can be a hazardous activity, and I and my heirs, executors, administrators, and assigns do hereby release the organizers, sponsors, all race personnel, East Carolina Road Racing, Garris Chapel church, and church personnel, from responsibility for any damages suffered by me as result of my participation in this event. I also attest that I am in sufficient physical condition to safely participate in the event on October 9, 2010, and that I take responsibility for my personal safety during it.

Signature \_\_\_\_\_